

It takes a healthy staff to have a healthy school community



Upcoming 2022-23 Kaiser Permanente webinar series on *The Way to Staff Well-being in Schools*:

Foundational Course (1 course):

Creating a Culture of Well-being (offered bi-monthly)

Deep Dive Series (6 courses):

Creating a Workforce Wellness Committee, Secondary Trauma, Active Living, Mental Health, Stress Management, & Healthy Habits

Learn how a proactive approach to staff well-being can help schools thrive

Designed for teachers, staff and administrators

Healthy staff and teachers are our most valuable resource for creating safe and supportive learning environments. *The Way to Staff Well-being in Schools* workshop series explores resources and tips to strengthen staff well-being at the individual, collective and policy level.

Our foundational course, *The Way to Staff Well-being in schools – Creating a Culture of Well-being*, will be offered 3:30-5:00pm PST on a bi-monthly basis (repeat):

- September 14, 2022 – Register on [PDenroller](#)
- November 9, 2022 – Register on [PDenroller](#)
- January 18, 2023 – Register on [PDenroller](#)
- March 15, 2023 – Register on [PDenroller](#)
- May 10, 2023 – Register on [PDenroller](#)

Deep Dive Way to Staff Well-being in Schools. Presented by Kaiser Permanente subject matter experts and offered 4:00-5:00pm PST:

- October 12, 2022: *Preventing Secondary Trauma for Educators* – Register on [PDenroller](#)
- December 7, 2022: *Active Living for Educators* – Registration coming soon!
- February 15, 2023: *Mental Health for Educators* – Register on [PDenroller](#)
- April 19, 2023: *Stress Management for Educators* – Register on [PDenroller](#)
- June 7, 2023: *Healthy Habits for Educators* – Register on [PDenroller](#)

These events are open to all school or district staff, including teachers, administrators, nutrition services directors, well-being leads, classifieds, and more. Please share with any colleagues you believe will benefit from attending.

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THRIVING SCHOOLS

All registration links coming soon!

Free clock hours available; register on [pdenroller](#) once dates are finalized

Questions?

Contact

KPWA.WFH@kp.or